

Test Bank for Functional Performance in Older Adults 5th Bonder

TEST BANK SAMPLE PREVIEW

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Chapter 2: Meaningful Occupations in Later Life

1. According to George and Park (2016), meaning in life comprises which of the following?

- A. Resources, health, and social connections
- B. Comprehension, purpose, and mattering
- C. Prestige, recognition, and social media presence
- D. Community engagement, political action, and family solidarity

ANS: B

Learning Objective: 2-1, 2-2

Topic: The Search for Meaning; Occupation, Co-Occupation, and Meaning

2. Which of the following is an example of purpose in life, as defined by George and Park (2016)?

- A. Taking action to reduce climate change
- B. Hiking in the mountains
- C. Baking a cake
- D. Posting a restaurant review on Yelp

ANS: A

Learning Objective: 2-1, 2-2

Topic: The Search for Meaning; Occupation, Co-Occupation, and Meaning

3. An older woman lives with her husband and recently took over managing the household budget for the first time. She is pleased to be doing this to support the couple's well-being. This would be an example of which kind of occupational meaning?

- A. Evaluative
- B. Instrumental
- C. Identity
- D. Existential

ANS: B

Learning Objective: 2-3

Topic: Themes of Meaning

4. Establishing a meaningful life can best be thought of as:

- A. A genetic predisposition
- B. A one-time evaluation at the end of life
- C. An ongoing process over the life course
- D. A preoccupation of retired individuals

ANS: C

Learning Objective: 2-3

Topic: Themes of Meaning

5. Spiritual occupations address which of the following themes of meaning?

- A. Instrumental
- B. Identity
- C. Existential
- D. Evaluative

ANS: C

Learning Objective: 2-4

Topic: Spirituality and Religion as Contributors to Meaning

6. A woman decides to learn to knit when she retires. She indicates she is motivated by a wish to feel part of her extended family that includes a number of avid knitters. This reason for taking up this new occupation could best be categorized as:

- A. Doing
- B. Being
- C. Becoming
- D. Belonging

ANS: D

Learning Objective: 2-2

Topic: Occupation, Co-Occupation, and Meaning

7. Which of the following statements about creative occupations is false?

- A. Creative occupations require strong verbal skills.
- B. Creative occupations facilitate processing of painful emotions.
- C. Creative occupations promote a strong sense of identity.
- D. Creative occupations promote social engagement.

ANS: A

Learning Objective: 2-3

Topic: Meaning and Identity: Creativity

8. Which of the following is an example of a co-occupation?

- A. Taking a walk in the park where a lot of other people walk
- B. Listening to music you know your spouse enjoys
- C. Playing pickleball
- D. Reading a play out loud

ANS: C

Learning Objective: 2-2

Topic: Occupation, Co-Occupation, and Meaning

9. The Engagement in Meaningful Activities Survey (EMAS):

- A. Offers a list of activities that clients might find meaningful
- B. Measures subjective experience of participation
- C. Focuses primarily on creative occupations
- D. Delineates the optimal occupational profile

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ANS: B

Learning Objective: 2-6

Topic: Theoretical Considerations in Assessment and Intervention

10. An important first step in evaluating a client's occupational preferences and engagement is to:

- A. Assess body functions to determine physical limitations
- B. Observe the client's self-care routines and habits
- C. Secure impressions from family caregiver about client satisfaction
- D. Complete an occupational profile to get a comprehensive picture

ANS: D

Learning Objective: 2-5, 2-6

Topic: Evaluation

11. Which of the following is a true statement about cultural issues in use of standardized instruments to measure occupation?

- A. Most instruments apply across cultures without modification.
- B. Both language and cultural beliefs can alter the applicability of an instrument.
- C. Language can be an issue in standardized instruments, but culture is not.
- D. Instruments must always be modified for individual background and characteristics.

ANS: B

Learning Objective: 2-6

Topic: Theoretical Considerations in Assessment and Intervention

12. Reminiscence and storytelling are uniquely helpful to older adults because they:

- A. Keep older adults busy and give them topics for conversation with peers
- B. Can keep older adults from dwelling on physical decline
- C. Encourage verbal capacity and a sense of humor
- D. Contribute to evaluative meaning by providing opportunities for life review

ANS: D

Learning Objective: 2-5

Topic: Intervention

13. A home care therapist includes the use of generational canning equipment in a therapeutic cooking activity. This is an example of the importance of how the home can:

- A. Provide prestige and importance through location and objects
- B. Provide objects of meaning in support of valued occupations
- C. Offer opportunities for social engagement
- D. Provide symbolic meaning through photos and other memorabilia

ANS: B

Learning Objective: 2-7

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Topic: Occupation, Home, and Place

14. Interventions in support of spiritual and religious meanings should focus largely on:

- A. Ensuring the client can get to church services and celebrations
- B. Helping the client identify and resolve troubling topics related to religious beliefs
- C. Correcting misconceptions about either religious or spiritual occupations
- D. Identifying and supporting important values and activities related to spirituality and/or religion

ANS: D

Learning Objective: 2-4, 2-5

Topic: Occupational Therapy Interventions in Support of Spiritual and Religious Meanings

15. Reginald Hill is a 65-year-old man who is recently widowed. He and his wife had no children and he himself was an only child. His only remaining family are a few distant cousins from his wife's family. He reports missing family events and feeling lonely around the holidays. How might an occupational therapist help him find ways to fulfill his wish for family co-occupations?

- A. Encourage him to take up a hobby like hunting or fishing that he can do with a group of other men
- B. Suggest that he volunteer to read to children in a homeless shelter
- C. Discuss what in particular he valued about his family occupations and help him explore alternatives to address those values
- D. Give him a list of movies and books that involve family interactions to substitute for his loss

ANS: C

Learning Objective: 2-5

Topic: Intervention